



Get Home Bag

A Get-Home Bag is a version of your Go Bag stored at your workplace; its purpose is to assist you to get back home in an emergency when you don't have access to your normal means of transportation. Store this backpack at your desk; do not assume you will have access to your vehicle or other areas of your workplace.

- Small/medium-sized backpack to hold items.
- Water purification bottle, a Nalgene bottle with purification tablets, or a LifeStraw.
- Food: lightweight, nutrient-dense food such as energy bars.
- Two-way radio (store batteries separately).
- Two flashlights (one handheld, one headlamp) with extra batteries stored separately.
- Small first aid kit, supplemented with Celox, trauma pads, athletic tape, Betadine, and disposable gloves.
- Signal whistle.
- Lighter or waterproof matches.
- P100 mask.
- Backup glasses, contact lenses with solution, hearing aids with batteries.
- Personal hygiene and comfort items: menstrual products, lip balm, pain relievers.
- Sanitation: toilet paper, hand sanitizer, moist towelettes, two trash bags, five large zippered bags, and plastic zip ties.
- Pocket multi-tool knife.
- Work gloves.
- Cell phone with chargers, battery backup, and/or solar charger.
- Two Mylar blankets and duct tape to make your own emergency bag.
- Tarp with 100-foot paracord to secure it overhead.
- Sturdy shoes (leave your dressy work shoes behind).
- Complete change of sturdy clothing including a long-sleeved shirt and long pants.
- Two pairs of socks.
- Eye protection: sunglasses, safety goggles, and hat.
- Weather protection: rain poncho or shell jacket, cold weather jacket.
- Sunscreen and bug spray, depending on your bioregion.
- Regional map with possible "get home" routes marked.
- Notebook and pencil.
- Important documents on a USB thumb drive.